



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Tobacco Free Zones



Thank you for not smoking inside or outside in Trinity's Tobacco Free Zones. The Zones were introduced because..

Consideration for others

Over half of Trinity undergraduates say they're affected by smoke outside their building. Smoke also drifts into buildings and affects those inside, even where windows are closed.

Healthy Campus

People who regularly see others smoking, are more likely to smoke. This includes people who have never smoked and those who are trying to stop. By making smoking less visible, we can help the majority of smokers who want to stop. Better again, we can increase people's likelihood of never starting.

Cleaner Campus

Trinity's campus is beautiful and cigarette butts on the ground are ugly. Tobacco Free Zones mean a cleaner campus for all.

The Broader Context

Many third-level institutions in Ireland have introduced tobacco free zones or are tobacco free. 1,500 colleges in America are completely tobacco free. Tobacco Free Ireland aims to "Promote tobacco free campuses for all third-level institutions".

“I have asthma and one of my triggers is cigarette smoke. At some doors on campus I’ve to hold my breath going near them, for the number of smokers” Student, Arts Building

“My office is over the entrance. The smoke when I open my window is awful”. Post-grad, Lloyd Institute

“Cleaning cigarette butts is vile and takes ages. They don’t seem to see butts as litter”. Staff, Housekeeping

Smoking behaviours and attitudes in Trinity

Rates of smoking amongst Trinity students are low (7% daily, 11% occasional). An online survey done at the end of the Tobacco Free Trinity Consultation found 76% of staff, 71% of post-grads and 56% of under-grads are in favour of becoming tobacco free.

Why introduce Tobacco Free Zones?

In consideration of some limited opposition to becoming a tobacco free campus, Tobacco Free Zones have been introduced as a compromise. We’re asking ALL Trinity students and staff to help make the zones a success by encouraging peers and visitors to respect them.

Thinking of Quitting?

Go to: tcd.ie/collegehealth/promotion/smoking or email health.promotion@tcd.ie to find out about

- Trinity’s stop smoking courses
- Online/phone quit resources

